

Digital Nomad

Documents

- ID
- Passport
- Credit Cards
- Health Insurance Card
- Airline/Hotel membership cards (digital versions available)

Clothing

- 1-2 pair of pants
- 3 shorts/skirts
- 5 short sleeve shirts/tanks
- 1 long sleeve shirt
- 1 sweater/sweatshirt
- 7 pairs of underwear
- 1 pair of sneakers
- 1 pair of flip flops
- 5 pairs of socks

Electronics

- Computer + charger
- International adapter
- Phone + USB charging cable
- International SIM/service (Google Fi)
- eReader (kindle/tablet) + charger
- Digital camera + lenses + charger
- Travel router
- Headphones
- Battery pack
- HDMI cable

Travel Accessories

- Quick dry towel
- Lightweight laundry bag
- Sheet set/sleeping bag liner
- Sunglasses + hat
- Luggage & locker locks
- Deck of cards

Toiletries

- Comb
- Toothbrush
- Floss
- Deodorant
- Glasses + case
- Sunglasses + case
- Contacts + case + solution
- Razor
- Band-aids + basic first aid
- Tweezers
- Nail clippers + file
- Pain killer (ibuprofen, advil, etc)
- Medication
- Diarrhea treatment of choice
- Infection treatment of choice

Buy at Destination

- Shampoo/body wash/bar soap
- Mouthwash
- Toothpaste
- Sunscreen

Extras for Ladies

- 1 dress
- 2-3 bras (normal + sport)
- Earrings (simple studs are best)
- Hair ties
- Makeup (foundation, concealer, powder, blush, eye shadow, mascara, lipstick)
- Tampons/pads/alternative
- Sarong/wide scarf

